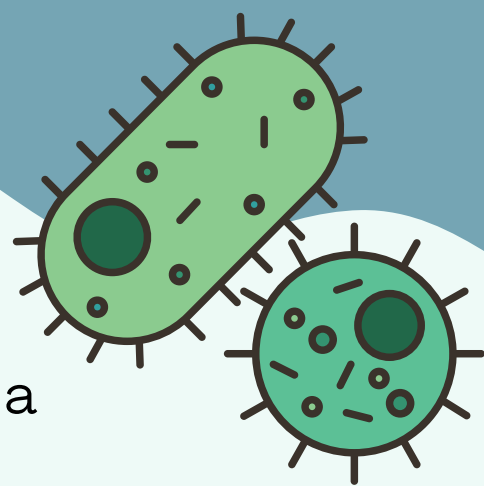


LEPTOSPIROSIS

WHAT IS IT?

Leptospirosis is a sickness caused by a bacteria called *Leptospira*.

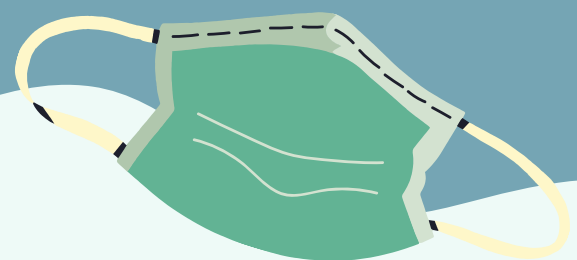
Leptospirosis is a zoonotic disease, meaning it spreads from animals and people.



HOW DO PEOPLE GET SICK?

People usually get sick from coming into contact with water, mud or soil that is contaminated with pee an infected animals (like a mouse, rat, dog, pig or cow).

People get the bacteria through cuts or scrapes on the skin, or from eating contaminated food or water.



WHAT TO LOOK FOR

- Stomach pain
- Diarrhoea
- Tiredness
- Fever or chills
- Headaches
- Muscle aches & pains
- Nausea
- Vomiting



HOW IS IT TREATED?

People who get leptospirosis need special medicine from the doctor in order to get better.

People who don't get treatment can get more serious sickness including kidney failure, yellowing of the skin, unusual bleeding or breathing problems.



HOW TO PREVENT IT

- Avoid flood water.
- Avoid wading or swimming in water that could contain animal pee.
- Wear protective shoes and clothing when working with animals, water, soil and mud.
- Cover cuts & scrapes with waterproof dressings.
- Wash and dry your hands often.
- Clean up rubbish to keep rats and mice away.